Macaroni and Cheese Product Development Ingredient Selection Sheet

Items	Cost Per oz.	Serving Size	Calories	Fats	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrates	Dietary Fibers	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	Per serving size	(oz)		(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(IU)	(mg)	(mg)	(mg)
Required Ingredients																
Butter	$0.12	2 Tbsp	200.0	22.0	14.0	0.0	60.0	0.0	0.0	0.0	0.0	0.0	600.0	0.0	0.0	0.0
Milk	$0.58	2.5 cups	375.0	20.0	12.5	0.0	87.5	287.5	27.5	0.0	27.5	20.0	750.0	6.0	750.0	0.0
All Purpose Flour	$0.01	2 Tbsp	50.0	0.0	0.0	0.0	0.0	0.0	11.0	0.5	0.5	1.5	0.0	0.0	0.0	1.1
Elbow Noodles	$0.06	1	100.0	0.5	0.0	0.0	0.0	0.0	20.5	1.0	1.0	3.5	0.0	0.0	0.0	0.9
Cheeses																
White Cheddar	$0.47	1	120.0	10.0	6.0	0.0	20.0	190.0	0.0	0.0	0.0	7.0	100.0	0.0	200.0	0.0
Yellow Cheddar	$0.22	1	110.0	9.0	6.0	0.0	25.0	170.0	0.0	0.0	0.0	7.0	300.0	0.0	200.0	0.4
Gruyere	$0.69	1	120.0	9.0	6.0	0.0	25.0	160.0	0.0	0.0	0.0	8.0	500.0	0.0	300.0	0.0
Pecorino Romano	$0.42	1	112.0	8.4	5.6	0.0	28.0	588.0	0.0	0.0	0.0	5.6	0.0	0.0	224.0	0.0
Pepper Jack	$0.21	1	110.0	9.0	6.0	0.0	35.0	190.0	1.0	0.0	0.0	6.0	300.0	0.0	200.0	0.0
Fancy Add Ins																
Bacon	$0.54	1	100.0	6.0	4.0	0.0	40.0	840.0	0.0	0.0	0.0	12.0	0.0	0.0	0.0	0.0
Green Chile	$0.11	1	10.0	0.0	0.0	0.0	0.0	75.0	2.0	1.0	0.0	0.0	0.0	12.0	0.0	0.0
Ham	$0.36	1	30.0	1.0	0.3	0.0	15.0	250.0	0.5	0.0	0.5	5.0	0.0	0.0	0.0	0.2
Onions	$0.04	1	11.0	0.0	0.0	0.0	0.0	0.0	2.9	0.3	1.3	0.3	0.0	0.4	33.0	0.0
Broccoli	$0.12	1	9.2	0.0	0.0	0.0	0.0	9.2	1.8	0.6	0.6	0.9	230.8	24.0	12.3	0.2
Bread Crumbs	$0.07	1	110.0	1.0	0.0	0.0	0.0	270.0	20.0	2.0	2.0	4.0	0.0	0.0	40.0	1.4

Packaging Material	Cost Per Item
Small Plastic Bag Per Ingredien	$0.05
Large Plastic Bag	$0.10
Box	$0.12